## Form **990**

### **Return of Organization Exempt From Income Tax**

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

► The organization may have to use a copy of this return to satisfy state reporting requirements

OMB No 1545 0047 2011

Open to Public Inspection

Department of the Treasury Internal Revenue Service

Α	For the	2011 calend	dar year, or tax year beginning , 2011, and ending	3		1			
В	Check if a	pplicable	C	D E	mployer ider	ntification Number			
	Addr	ess change	MEALS FROM THE HEARTLAND, INC	] 2	26-3443	3290			
	Nam	e change	7780 OFFICE PLAZA DRIVE SOUTH #136	E Te	elephone nur	nber			
	Initia	i return	WEST DES MOINES, IA 50266	lε	377-45°	7-6384			
	H	unated							
	$\vdash$	nded return		<b>G</b> G	ross receipts	\$ 934,675.			
	$\vdash$	cation pending	F Name and address of principal officer.	H(a) Is this a group		<del></del>			
		outlost portuning	· · ·	H(b) Are all affiliate		Yes No			
ī	Tay-eye	mpt status	X 501(c)(3)	If 'No,' attach	a list (see ir	nstructions)			
<del>-</del>	Webs			H(c) Group exempt	on number	<b>&gt;</b>			
K		organization	X Corporation Trust Association Other ► L Year of Formation			legal domicile IA			
	********	Summar		2000	III Sidio oi	regar dormene 222			
Lini			be the organization's mission or most significant activities Develop a	ind carry	out a	comprehensive			
4.	ł		provide meals to people who cannot support there						
ű	ر <u>ا</u> م		nd_the_worldThe_primary_function_will be_to.						
Ē	] a		ors of society to prepare packaged food for dis						
ove	2 0		x ► If the organization discontinued its operations or disposed of more						
Ğ	3 N		ting members of the governing body (Part VI, line 1a)		3	20			
9	4 No		dependent voting members of the governing body (Part VI, line 1b)		4	20			
įį	<b>5</b> To		of individuals employed in calendar year 2011 (Part V, line 2a)		5	1			
	6 To		of volunteers (estimate if necessary)	•	6	24,000			
ZUTZ Activities & Governance	7a lo		d business revenue from Part VIII, column (C), line 12		7a 7b	0.			
<b>/</b>	D IVE	et unrelateu	business taxable income from Form 990-T, line 34.	Prior Y					
14	<b>8</b> Co	ntributions	and grants (Part VIII, line 1h)		5,993.	<b>Current Year</b> 933, 991.			
L a			ice revenue (Part VIII, line 2g)	1,050	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	333, 331.			
<b>5</b> §		-	come (Part VIII, column (A), lines 3, 4, and 7d)		165.	684.			
Revenue			e (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)						
₽_			- add lines 8 through 11 (must equal Part VIII, column (A), line 12)	1,057	7,158.	934,675.			
			milar amounts paid (Part IX, column (A), lines 1-3)		1,267.	578,548.			
			to or for members (Partill X, collumn (A), line 4)						
	15 Sa	laries, othe	r compensation employee benefits (Par IX, column (A), lines 5-10)			13,984.			
3 8			undraising fees (Part IX, column (A), (be 11e)	C	9,077.	7,302.			
Expenses			101		7.0				
펿	<b>D</b> 10	itai tunoraisi	1 1 100 I 0 2017 1(A) 1	100	000	01 260			
_			es (Part IX, column_(A), lines 11a-11d01ff-24e)		8,809.	91,268.			
ļ			s. Add lines @ @ @ @ with equal Part IX, column (A), line 25)		2,153. 5,005.	691,102.			
	<b>19</b> Re	venue less	expenses. Subtract line 18 from ine 12			243,573.			
25	<b>20</b> To	tal accate (	Part X, line 16)	Beginning of Cu	2,340.	End of Year 644, 482.			
Bare		•	(Part X, line 26)	372	0.	28,569.			
Net Assets or Fund Belances				272					
	*****	Signature	fund balances. Subtract line 21 from line 20	312	2,340.	615,913.			
*									
comp	er penalties plete Decla	of perjury, I de tration of prepa	clare that I have examined this return, including accompanying schedules and statements, and to the context of	the best of my know	wieage and t	belief, it is true, correct, and			
				7	130/1	2			
Sig	n	Signature	e of officer	Date	1-11				
Her	e.	Jerr	y Armstrong / WW WWWWWY	Chairman	'				
			print name and title						
		Print/Type pr	eparer's name Preparer Synature DIA Date	Check	X if	PTIN			
Pai	ч	Gordon	A. McCollum Gondon A. McCollum 1/28/17	self em		P00292883			
	parer	Firm's name	► Gordon A. McCollum, CPA						
	Only	Firm's addres	1001 B	Firm's B	Firm's EIN ► 42-1466795				
	,	, 3 addres	West Des Moines, IA 50265	Phone r	/535				
May	the IRS	discuss this	return with the preparer shown above? (see instructions)	1 1.0.10 1		X Yes No			
				D113L 08/18/11		Form <b>990</b> (2011)			
		F3 31K 10	manager, the tradeon and the cobatant then manager.		$\sim$	(			

	m 990 (2011) MEALS FROM THE HEARTLAND, INC	26-34432	90	Page 2
Pa	rt III Statement of Program Service Accomplishments			
	Check if Schedule O contains a response to any question in this Part III			X
1	and the organization of micolom			
	See Schedule 0		- <b></b>	
				_ <b></b> _
			<b>-</b>	
	Did the organization undertake any significant program services during the year which were not listed on the	ho prior		
	Form 990 or 990-EZ?		Yes	X No
	If 'Yes,' describe these new services on Schedule O.	. Ц	res [	<u>n</u> 110
3	Did the organization cease conducting, or make significant changes in how it conducts, any program service	res?	Yes	X No
Ū	If 'Yes,' describe these changes on Schedule O.	,03.	103	
4	Describe the organization's program service accomplishments for each of its three largest program service	es, as measure	d by expe	enses.
	Section 501(c)(3) and 501(c)(4) organizations and section 4947(a)(1) trusts are required to report the amou	int of grants an	d allocat	ions to
	others, the total expenses, and revenue, if any, for each program service reported.			
4.	(Code. ) (Expenses \$ 653,499. including grants of \$ 578,548.) (Re			
42	Meals From the Heartland holds an annual meal packaging event in		wook	of.
	September and organizes many "mobile pack" packaging events through			
	2011, an estimated 24,000 volunteers participated in these events			
	million meals. These meals were shipped throughout the U.S. and the shipped throughout throughout the U.S. and the shipped throughout the			
	countries to feed undernourished populations.			
		<del>-</del>		
4Ь	(Code) (Expenses \$ including grants of \$) (Rev	venue \$		)
			- <b></b> -	
				. – – <b>–</b>
		. <b></b>		
		. <b>_</b>	<b></b>	
		. <b></b>		<b></b>
		· <b></b>	- <b></b> -	
		. <b></b>	<del>-</del> -	
		·	- <del></del>	
4 -	(Code ) \( (Fueeness ) \( (Fueenes ) \( (Fueeness ) \( (Fueeness ) \( (Fueeness ) \( (Fueeness ) \( (Fueenes	100110 6		
4C	(Code	/enue \$		
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-				
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-				
•				
-				
-				
	Other program services. (Describe in Schedule O.)			
	(Expenses \$ including grants of \$ ) (Revenue \$		)	
4e '	Total program service expenses ► 653,499.			

			Yes	No
•	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If 'Yes,' complete Schedule A	1	x	
2	Is the organization required to complete Schedule B, Schedule of Contributors (see instructions)?.	2	Х	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If 'Yes,' complete Schedule C, Part I	3		Х
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If 'Yes,' complete Schedule C, Part II.	4		_ X
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If 'Yes,' complete Schedule C, Part III.	5		_ X
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If 'Yes,' complete Schedule D, Part I	6		Х
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas or historic structures? If 'Yes,' complete Schedule D, Part II	7		X
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If 'Yes,' complete Schedule D, Part III	8		_X_
9	Did the organization report an amount in Part X, line 21, serve as a custodian for amounts not listed in Part X, or provide credit counseling, debt management, credit repair, or debt negotiation services? If 'Yes,' complete Schedule D, Part IV	9		х
10	Did the organization, directly or through a related organization, hold assets in temporarily restricted endowments, permanent endowments, or quasi-endowments? If 'Yes,' complete Schedule D, Part V.	10		X
11	If the organization's answer to any of the following questions is 'Yes', then complete Schedule D, Parts VI, VIII, IX, or X as applicable.			
	a Did the organization report an amount for land, buildings and equipment in Part X, line 10? If 'Yes,' complete Schedule D, Part VI	11 a		х
	<b>b</b> Did the organization report an amount for investments— other securities in Part X, line 12 that is 5% or more of its total assets reported in Part X, line 16? <i>If 'Yes,' complete Schedule D, Part VII</i>	11b		<u></u>
,	c Did the organization report an amount for investments— program related in Part X, line 13 that is 5% or more of its total assets reported in Part X, line 16? If 'Yes,' complete Schedule D, Part VIII	11 c		Χ_
,	d Did the organization report an amount for other assets in Part X, line 15 that is 5% or more of its total assets reported in Part X, line 16? If 'Yes,' complete Schedule D, Part IX	11 d		<u>X</u>
	e Did the organization report an amount for other liabilities in Part X, line 25? If 'Yes,' complete Schedule D, Part X	11 e		X
1	f Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If 'Yes,' complete Schedule D, Part X	111		<u>X</u>
12	a Did the organization obtain separate, independent audited financial statements for the tax year? If 'Yes,' complete Schedule D, Parts XI, XII, and XIII	12a		X
1	b Was the organization included in consolidated, independent audited financial statements for the tax year? If 'Yes,' and if the organization answered 'No' to line 12a, then completing Schedule D, Parts XI, XII, and XIII is optional	12Ь		<u>X</u>
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If 'Yes,' complete Schedule E	13		<u>X</u>
14:	a Did the organization maintain an office, employees, or agents outside of the United States?	14a		X
1	b Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If 'Yes,' complete Schedule F, Parts I and IV	14b		Х
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or assistance to any organization or entity located outside the United States? If 'Yes,' complete Schedule F, Parts II and IV.	15		<u>X</u>
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or assistance to individuals located outside the United States? If 'Yes,' complete Schedule F, Parts III and IV	16		X
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If 'Yes,' complete Schedule G, Part I (see instructions)	17	_	Х
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If 'Yes,' complete Schedule G, Part II	18		<u>X</u>
	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If 'Yes,' complete Schedule G, Part III	19		X
	aDid the organization operate one or more hospital facilities? If 'Yes,' complete Schedule H	20		<u>X</u> _
t	o If 'Yes' to line 20a, did the organization attach a copy of its audited financial statements to this return?	20 b		

Form 990 (2011) MEALS FROM THE HEARTLAND, INC

Part IV | Checklist of Required Schedules (continued)

******		T	Yes	No
21	Did the organization report more than \$5,000 of grants and other assistance to governments and organizations in the United States on Part IX, column (A), line 1? If 'Yes,' complete Schedule I, Parts I and II	21	Х	<u></u>
22	Did the organization report more than \$5,000 of grants and other assistance to individuals in the United States on Part IX, column (A), line 2? If 'Yes,' complete Schedule I, Parts I and III	22		<u>X</u>
23	Did the organization answer 'Yes' to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? <i>If 'Yes,' complete Schedule J</i>	23		X
24	a Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, and that was issued after December 31, 2002? If 'Yes,' answer lines 24b through 24d and complete Schedule K. If 'No, 'go to line 25	24a		X
1	<b>b</b> Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
	c Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c		
(	d Did the organization act as an 'on behalf of' issuer for bonds outstanding at any time during the year?	24d		
25	a Section 501(c)(3) and 501(c)(4) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If 'Yes,' complete Schedule L, Part I	25a		<u>X</u>
1	b Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If 'Yes,' complete Schedule L, Part I	25b		<u>X</u>
26	Was a loan to or by a current or former officer, director, trustee, key employee, highly compensated employee, or disqualified person outstanding as of the end of the organization's tax year? If 'Yes,' complete Schedule L, Part II	26		X
27	Did the organization provide a grant or other assistance to an officer, director, trustee, key employee, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity or family member of any of these persons? If 'Yes,' complete Schedule L, Part III	27		X
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV instructions for applicable filing thresholds, conditions, and exceptions):			
ā	A current or former officer, director, trustee, or key employee? If 'Yes,' complete Schedule L, Part IV	28a		<u>X</u>
t	A family member of a current or former officer, director, trustee, or key employee? If 'Yes,' complete Schedule L, Part IV	28b		<u>X</u>
d	An entity of which a current or former officer, director, trustee, or key employee (or a family member thereof) was an officer, director, trustee, or direct or indirect owner? If 'Yes,' complete Schedule L, Part IV	28c		<u>X</u>
29	Did the organization receive more than \$25,000 in non-cash contributions? If 'Yes,' complete Schedule M .	29		X
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? If 'Yes,' complete Schedule M.	30		<u>X</u>
31	Did the organization liquidate, terminate, or dissolve and cease operations? If 'Yes,' complete Schedule N, Part I	31		<u>X</u>
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If 'Yes,' complete Schedule N, Part II	32		<u>X</u>
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? If 'Yes,' complete Schedule R, Part I.	33		<u>X</u>
34	Was the organization related to any tax-exempt or taxable entity? If 'Yes,' complete Schedule R, Parts II, III, IV, and V, line 1	34		<u>X</u>
35 a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		Х
b	Did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If 'Yes,' complete Schedule R, Part V, line 2	35ь		<u>X</u>
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? If 'Yes,' complete Schedule R, Part V, line 2	36		<u>X</u>
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? If 'Yes,' complete Schedule R, Part VI	37		<u>X</u>
38 	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11 and 19?  Note. All Form 990 filers are required to complete Schedule O	38	х	
BAA		Form	990 (2	(110

Check if Schedule O contains a response to any question in this Part V	<u></u>		$\perp$
		Yes	N
1a Enter the number reported in Box 3 of Form 1096. Enter -0- if not applicable       1a	1		į
<b>b</b> Enter the number of Forms W-2G included in line 1a. Enter -0- if not applicable	0		1
c Did the organization comply with backup withholding rules for reportable payments to vendors and reportable (gambling) winnings to prize winners?	gaming 1c	х	
2a Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements, filed for the calendar year ending with or within the year covered by this return  2a	1		
<b>b</b> If at least one is reported on line 2a, did the organization file all required federal employment tax returns? .	. 2b	X	
Note. If the sum of lines 1a and 2a is greater than 250, you may be required to e-file. (see instructions)			
3a Did the organization have unrelated business gross income of \$1,000 or more during the year?	. 3a		X
<b>b</b> If 'Yes' has it filed a Form 990-T for this year? If 'No,' provide an explanation in Schedule O .	. 3b		
4a At any time during the calendar year, did the organization have an interest in, or a signature or other authority financial account in a foreign country (such as a bank account, securities account, or other financial account)?	over, a 4a		Х
<b>b</b> If 'Yes,' enter the name of the foreign country:			
See instructions for filing requirements for Form TD F 90-22.1, Report of Foreign Bank and Financial Accounts.	1 _ 1		.,
5a Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	<u>5a</u>		X
<b>b</b> Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b		Х
c If 'Yes,' to line 5a or 5b, did the organization file Form 8886-T?			
<b>6a</b> Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organiz solicit any contributions that were not tax deductible?	ation 6a		Х
<b>b</b> if 'Yes,' did the organization include with every solicitation an express statement that such contributions or gifts not tax deductible?	were 6b		
7 Organizations that may receive deductible contributions under section 170(c).		1	
a Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor?	7a		Х
<b>b</b> If 'Yes,' did the organization notify the donor of the value of the goods or services provided?	7b		
c Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required			···
Form 8282?	7c		X
d If 'Yes,' indicate the number of Forms 8282 filed during the year		- 1	.,
e Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e		X
f Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	. 7f		X
g If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g		
h If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?	. <b>7h</b>		
8 Sponsoring organizations maintaining donor advised funds and section 509(a)(3) supporting organizations. Do supporting organization, or a donor advised fund maintained by a sponsoring organization, have excess busine holdings at any time during the year?			
9 Sponsoring organizations maintaining donor advised funds.			
a Did the organization make any taxable distributions under section 4966?	9a		
<b>b</b> Did the organization make a distribution to a donor, donor advisor, or related person?	9Ь		
10 Section 501(c)(7) organizations. Enter.			
a Initiation fees and capital contributions included on Part VIII, line 12			
<b>b</b> Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities			
11 Section 501(c)(12) organizations. Enter.			
a Gross income from members or shareholders			
b Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them.)			
12a Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?	. 12a	<u>]</u>	
b If 'Yes,' enter the amount of tax-exempt interest received or accrued during the year .			
13 Section 501(c)(29) qualified nonprofit health insurance issuers.		1	
a is the organization licensed to issue qualified health plans in more than one state?	13a		****
Note. See the instructions for additional information the organization must report on Schedule O.			
<b>b</b> Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans			
c Enter the amount of reserves on hand			
14a Did the organization receive any payments for indoor tanning services during the tax year?	14a		X
b If 'Yes,' has it filed a Form 720 to report these payments? If 'No,' provide an explanation in Schedule O	14b		

Form 990 (2011) MEALS FROM THE HEARTLAND, INC 26-3443290 Page 6 Part VI Governance, Management and Disclosure For each 'Yes' response to lines 2 through 7b below, and for a 'No' response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes in Schedule O. See instructions.  $\mathbf{X}$ Check if Schedule O contains a response to any guestion in this Part VI Section A. Governing Body and Management Yes No 1a Enter the number of voting members of the governing body at the end of the tax year 20 If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain in Schedule O. 20 **b** Enter the number of voting members included in line 1a, above, who are independent. 2 Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other officer, director, trustee or key employee? 2 X Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors or trustees, or key employees to a management company or other person? 3 Х Did the organization make any significant changes to its governing documents X since the prior Form 990 was filed? 4 5 5 Did the organization become aware during the year of a significant diversion of the organization's assets? Did the organization have members or stockholders? 6 7a Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more X 7a members of the governing body? b Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or other persons other than the governing body? 7b Х Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following. a The governing body?. 8a X X b Each committee with authority to act on behalf of the governing body? 86 Is there any officer, director or trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If 'Yes,' provide the names and addresses in Schedule O 9 X Section B. Policies (This Section B requests information about policies not required by the Internal Revenue Code. Yes No 10a Did the organization have local chapters, branches, or affiliates? 10a b If 'Yes,' did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes? 10b X 11a Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form? 11 a **b** Describe in Schedule O the process, if any, used by the organization to review this Form 990. See Schedule O X 12a Did the organization have a written conflict of interest policy? If 'No,' go to line 13 12a b Were officers, directors or trustees, and key employees required to disclose annually interests that could give rise to conflicts? 12b X c Did the organization regularly and consistently monitor and enforce compliance with the policy? If 'Yes,' describe in Schedule O how this is done 12c Х See Schedule O 13 Did the organization have a written whistleblower policy? 13 Х X 14 Did the organization have a written document retention and destruction policy? 14 Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision? a The organization's CEO, Executive Director, or top management official See Schedule 0 15a X b Other officers of key employees of the organization 15b X If 'Yes' to line 15a or 15b, describe the process in Schedule O. (See instructions.) 16a Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a 16a X taxable entity during the year? b If 'Yes,' did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and taken steps to safeguard the organization's exempt status with respect to such arrangements? Section C. Disclosure

Describe in Schedule 0 whether (and if so, how) the organization makes its governing documents, conflict of interest policy, and financial statements available to the public during the tax year See Schedule O 20 State the name, physical address, and telephone number of the person who possesses the books and records of the organization.

List the states with which a copy of this Form 990 is required to be filed ▶ None

Another's website

inspection. Indicate how you make these available. Check all that apply.

► DANIEL KOESTNER 7780 OFFICE PLAZA DR S, #136 WEST DES MOINES IA 50266 515-556-4651

Section 6104 requires an organization to make its Forms 1023 (or 1024 if applicable), 990, and 990-T (501(c)(3)s only) available for public

Upon request

Own website

# Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response to any question in this Part VII.

#### Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
  - List all of the organization's current key employees, if any. See instructions for definition of 'key employee.'
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

List persons in the following order: individual trustees or directors, institutional trustees; officers, key employees, highest compensated employees, and former such persons.

Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee.													
		(C)											
(A) Name and title	(B) Average hours per week	unles	s per	son i	s bot	nan one h an off rustee)	box, icer	(D)  Reportable compensation from the organization	(E)  Reportable compensation from related organizations	(F) Estimated amount of other compensation			
	(describe hours for related organiza tions in Schedule O)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former	the organization (W-2/1099 MISC)	related organizations (W 2/1099 MISC)	from the organization and related organizations			
(1) Mark Aeilts	]												
President	20	X		X				0.	0.	0.			
(2) Jerry Armstrong		}											
Chairman	20	_X_		X				0.	0.	0.			
_(3) Jeff_Austin	_							_	_	_			
Director	5	X						0.	0.	0.			
_(4) Rob Best	ļ <u>_</u>												
Director	5	_ X _						0.	0.	0.			
_(5) Dave Bradley	_	.,								0			
Director	5	X						0.	0.	0.			
	40	Х						70,545.	0.	0.			
(7) Heidi Carter	40	_^_		-				70,343.	··				
Director	5	Х						0.	0.	0.			
(8) Bruce Hansen	<u> </u>		+		-		$\dashv$	0.		<u>.</u>			
Director	5	х						0.	0.	0.			
(9) Sandy Hatfield-Clubb	<u> </u>	-					$\neg$			<u></u>			
Director	5	х				i		0.	0.	0.			
(10) Pastor Mike Housholder				$\neg$						<del>``</del>			
Director	5	Х	ı	-	ı	}		0.	0.	0.			
(11) Andrea James			$\neg$										
Director	5	Х						0.	0.	0.			
(12) Melissa Keen		Ī								-			
Vice Chairman	15	Х		X			}	0.	0.	0.			
(13) Daniel Koestner			$\neg$		ļ								
Assistant Treas	5	Х		X				0.	0.	0.			
(14) Andy Lashier													
Director	5	X						0.	0.	0.			

Part VII Section A. Officers, Directors, Tru	stees.	Keι	v Er	nol	OV	ees	. ar	nd Hiahest Col	mpensated Em	plovees	(cont)
			:		C)		1				.00,117_
(A) Name and title	(B) Average hours per	e box offi	not c , unle cer ar	heck ss pe	erson direct	ıs bo or/tru:	th an stee)	Reportable compensation from the organization	(E)  Reportable compensation from related organizations	Estima amount of	ated of other
	week (describ e hours for	or directo	Institutional trustee	Officer	Key employee	Highest compensate employee	Former	(W 2/1099 MISC)	related organizations (W 2/1099-MISC)	from organiz and re organize	the ation lated
	related organi zations in Sch O)	rustee	al trustee		oyee	ompensated					
(15) Dennis Lauterbach Director	- 5	x				ļ <u>.</u>		0.	0.		0.
(16) Lisa Long Secretary	15	Х		Х				0.	0.		0.
(17) Gordon McCollum Treasurer	- 5	Х		Х				0.	0.		0.
(18) Jeff Sporrer Director	- 5	Х						0.	0.		0.
(19) April Talbot Director	5	Х						0.	0.		0.
(20) Alan Wells Director	5	Х						0.	0,		0.
(21)	<u> </u>										
(22)											
(23)											
(24)											
(25)											
1b Sub-total				•			•	70,545.	0.		0.
c Total from continuation sheets to Part VII, Section A d Total (add lines 1b and 1c)	<b>A</b>		•		•		<b>-</b>	0.	0.	<u> </u>	<u>0.</u> 0.
Total number of individuals (including but not limited from the organization	to thos	e lis	ted a	abov	/e) v	who	rece	<u>-</u>		le compens	
3 Did the organization list any former officer, director	or truste	e k	ev e	mole	ovee	e. or	hia	hest compensated	employee	Ye	s No
on line 1a? If 'Yes,' complete Schedule J for such in  4 For any individual listed on line 1a, is the sum of reg	idividuai	1		·	•		-			3	X
the organization and related organizations greater the such individual	nan \$150	0,000	)? <i>If</i>	'Ye:	s' co	ompi	lete	Schedule J for		4	X
5 Did any person listed on line 1a receive or accrue of for services rendered to the organization? If 'Yes,' of Section B. Independent Contractors	ompensa omplete	ation Sch	fron nedu	n an <i>le J</i>	for :	nrela such	ited per	organization or in rson	dıvıdual 	5	Х
1 Complete this table for your five highest compensate	ed indep	ende	ent c	ontr	acto	ors t	hat	received more tha	n \$100,000 of		
compensation from the organization. Report comper  (A)  Name and business addres		or th	ie ca	llenc	ar y	year	enc	(B)  Description of		ax year. (C) Compensat	
. Tamo una pusinosa udures	- 						_	_ 555p.io17 0			
		_									
2 Total number of independent contractors (including t \$100,000 in compensation from the organization ►		mite	d to	thos	se li	sted	abo	ove) who received	more than		

Page 9

		viii Statement of Nevenu	<u> </u>		(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512, 513, or 514
·····	1	a Federated campaigns	1 a			Teveride		312, 313, 61 314
ANT	'	<b>b</b> Membership dues	1 b					
S.G.		c Fundraising events	1 c					
FTS	1	d Related organizations	1 d					
S, Z	Ι,	e Government grants (contributions)	1 e					
PROGRAM SERVICE REVENUE AND OTHER SIMILAR AMOUNTS	1	f All other contributions, gifts, grants, a similar amounts not included above		933,991.				
¥ŏ	١,	g Noncash contributions included in Ins	1a-1f. \$					
8₹		h Total. Add lines 1a-1f		, _ , , _ <b>&gt;</b>	933,991.			
IUE				Business Code				
Y.	2	a						
E 25		b						
Ş	•	c						
SER		d						
Ϋ́	•	•					<u> </u>	<u> </u>
Ö	1	All other program service reve	nue. [	<del></del>				
			·					
	3	Investment income (including other similar amounts)		interest and	684.	}		684.
	4	Income from investment of tax			004.			004.
	5	Royalties	r-exempt t	bona proceeds				
	,		i) Real	(ii) Personal				
	6a	Gross rents						
		Less. rental expenses						
		: Rental income or (loss)						
		Net rental income or (loss)		<b>&gt;</b>				
		` <u></u>	Securities	(n) Other				
	/ d	assets other than inventory						
	b	Less: cost or other basis and sales expenses						
	c	: Gain or (loss)						
	d	l Net gain or (loss)		<b>•</b>				·
OTHER REVENUE	8a	Gross income from fundraising (not including \$						
3		of contributions reported on lin	e 1c).					
E. E.		See Part IV, line 18	. a	···				
E		Less, direct expenses	b					
		Net income or (loss) from fund	-	ents				<del></del>
		Gross income from gaming act See Part IV, line 19		<del></del>				
		Less, direct expenses	. b					
	С	Net income or (loss) from gam	ing activit	ies –				***************************************
-	10a	Gross sales of inventory, less rand allowances	returns a					
	b	Less, cost of goods sold	b					
l		Net income or (loss) from sales	s of inven	tory .				
		Miscellaneous Revenue		Business Code				
	11 a							
	b							
	С							
- (	d	All other revenue .						
	е	Total. Add lines 11a-11d		▶				
-	12	Total revenue. See instructions	,		934,675.	0.	0.	684.

### Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns.

All other organizations must complete column (A) but are not required to complete columns (B), (C), and (D).

	Check if Schedule O contains a	response to any question	in this Part IX		
	not include amounts reported on lines 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1	Grants and other assistance to governments and organizations in the United States. See Part IV, line 21	578,548.	578,548.		
2	Grants and other assistance to individuals in the United States. See Part IV, line 22				
3	Grants and other assistance to governments, organizations, and individuals outside the United States. See Part IV, lines 15 and 16.				
4 5	Benefits paid to or for members Compensation of current officers, directors, trustees, and key employees	0.	0.	0.	0.
6	Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)	0.	0.	0.	0.
7	Other salaries and wages	13,163.	13,163.		
8	Pension plan accruals and contributions (include section 401(k) and section 403(b) employer contributions)				
9	Other employee benefits.				
10	Payroll taxes	821.	821.		
11	Fees for services (non-employees):				
	a Management	70,545.	59,963.	6,805.	3,777.
ı	Legal				
	Accounting				
(	Lobbying				·
	Professional fundraising services. See Part IV, line 17	7,302.			7,302.
	Investment management fees	7,302.1			1,502.
	Other	560.			560.
•	Advertising and promotion	500.			
13	• ,	3,920.		3,920.	<del></del>
14	Information technology	4,301.		4,301.	
15	Royalties .	4,301.		4,301.	
16	Occupancy	1,373.		1,373.	
17		1,3,3.		1,373.	<del></del>
	Payments of travel or entertainment expenses for any federal, state, or local public officials				
19	Conferences, conventions, and meetings				·
20	Interest	ļ			
21	Payments to affiliates			· · · · · · · · · · · · · · · · ·	<del></del>
22	Depreciation, depletion, and amortization				
23	Insurance	6,123.		6,123.	
24	Other expenses. Itemize expenses not covered above (List miscellaneous expenses in line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)				
а	Other	1,776.		1,776.	
	Supplies	1,666.		1,587.	79.
	Cost of Meals (Product/Trans)	1,004.	1,004.		<u>:</u> -
d				<del></del>	
	All other expenses				
	Total functional expenses. Add lines 1 through 24e.	691,102.	653,499.	25,885.	11,718.
26	Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation.  Check here	032,2021	337,333.		
	SOP 98-2 (ASC 958-720)				

		(A) Beginning of year		<b>(B)</b> End of year
1	Cash – non-interest-bearing	20,853.	1	260,260
2	Savings and temporary cash investments	265,993.	2	271,346
3	Pledges and grants receivable, net		3	30,947
4	Accounts receivable, net		4	
5	Receivables from current and former officers, directors, trustees, key employees, and highest compensated employees. Complete Part II of Schedule L		5	
6			6	
S 7 S 8	Notes and loans receivable, net		7	
Ē 8	Inventories for sale or use	85,494.	8	73,119
s 9	Prepaid expenses and deferred charges		9	8,810
10	a Land, buildings, and equipment: cost or other basis.  Complete Part VI of Schedule D			
	b Less, accumulated depreciation.		10c	
11	Investments – publicly traded securities		11	
12	Investments – other securities. See Part IV, line 11		12	
13	Investments – program-related. See Part IV, line 11		13	
14	Intangible assets		14	
15	Other assets, See Part IV, line 11		15	
16	Total assets. Add lines 1 through 15 (must equal line 34)	372,340.	16	644,482
17	Accounts payable and accrued expenses		17	19,710.
18	Grants payable		18	
19	Deferred revenue		19	8,859
<u> </u>	Tax-exempt bond liabilities		20	
A 21	Escrow or custodial account liability. Complete Part IV of Schedule D		21	
[ 22 L	Payables to current and former officers, directors, trustees, key employees, highest compensated employees, and disqualified persons. Complete Part II of Schedule L		22	
1 22	Secured mortgages and notes payable to unrelated third parties		23	<u>-</u>
E 23 S 24	Unsecured notes and loans payable to unrelated third parties	-	24	
25	Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24). Complete Part X of Schedule D		25	
26	Total liabilities. Add lines 17 through 25	0.	26	28,569.
Ŋ	Organizations that follow SFAS 117, check here ► X and complete lines		1	
F	27 through 29 and lines 33 and 34.		ł	
§ 27 § 28	Unrestricted net assets	343,815.	27	587,388.
28	Temporarily restricted net assets	23,025.	28	23,025.
29	Permanently restricted net assets	5,500.	29	5,500.
}	Organizations that do not follow SFAS 117, check here ▶ and complete			
1	lines 30 through 34.	1		
30	Capital stock or trust principal, or current funds		30	
1	Paid-in or capital surplus, or land, building, or equipment fund		31	
32	Retained earnings, endowment, accumulated income, or other funds		32	
31 32 33 34	Total net assets or fund balances	372,340.	33	615,913.
E 34	Total liabilities and net assets/fund balances .	372,340.	34	644,482.

BAA

Form **990** (2011)

Form 990 (2011) MEALS FROM THE HEARTLAND, INC	26-344329	<u>)                                    </u>	P	age <b>12</b>
Part XI Reconciliation of Net Assets				
Check if Schedule O contains a response to any question in this Part XI	<u> </u>			
1 Total revenue (must equal Part VIII, column (A), line 12)	1		34,0	<u> 675.</u>
2 Total expenses (must equal Part IX, column (A), line 25)	2	6	91,	102.
3 Revenue less expenses. Subtract line 2 from line 1	3	2	43,	573.
4 Net assets or fund balances at beginning of year (must equal Part X, line 33, column (A))	4	3	72,3	340.
5 Other changes in net assets or fund balances (explain in Schedule O)	5			0.
6 Net assets or fund balances at end of year. Combine lines 3, 4, and 5 (must equal Part X, line 33, column (B))	6	6	15,9	913.
Part XII Financial Statements and Reporting				
Check if Schedule O contains a response to any question in this Part XII				
			Yes	No
1 Accounting method used to prepare the Form 990: Cash X Accrual Other				
If the organization changed its method of accounting from a prior year or checked 'Other,' explain in Schedule O.				
2a Were the organization's financial statements compiled or reviewed by an independent accountant?		2a	X	
<b>b</b> Were the organization's financial statements audited by an independent accountant?		2b		X
c If 'Yes' to line 2a or 2b, does the organization have a committee that assumes responsibility for oversigit review, or compilation of its financial statements and selection of an independent accountant?	nt of the audit,	2c		Х
If the organization changed either its oversight process or selection process during the tax year, explain in Schedule O.			11	***************************************
d If 'Yes' to line 2a or 2b, check a box below to indicate whether the financial statements for the year were separate basis, consolidated basis, or both.	e issued on a			
Separate basis Consolidated basis Both consolidated and separate basis				
3a As a result of a federal award, was the organization required to undergo an audit or audits as set forth in Audit Act and OMB Circular A-133?	n the Single	3a		_X_
<b>b</b> If 'Yes,' did the organization undergo the required audit or audits? If the organization did not undergo the or audits, explain why in Schedule O and describe any steps taken to undergo such audits	e required audit	3b		
BAA		Form	990 (	2011)

## SCHEDULE A (Form 990 or 990-EZ)

**Public Charity Status and Public Support** 

OMB No 1545-0047

Open to Public Inspection

Department of the Treasury Internal Revenue Service

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust. ► Attach to Form 990 or Form 990-EZ. ► See separate instructions.

Name of the organization Employer identification number MEALS FROM THE HEARTLAND, INC 26-3443290

Parl	Reason for Pul	blic Charity Statu	ı <b>s</b> (All organızation	s must	comp	<u>lete th</u>	is part	:.) S <u>e</u> e	instru	<u>ictions.</u>		
The o	rganization is not a privi	ate foundation becaus	se it is. (For lines 1 throi	ugh 11,	check or	nly one I	box.)					
1	A church, convention	n of churches or asso	ociation of churches des	cribed in	section	170(b)	(1)(A)(i).					
2	A school described	in section 170(b)(1)(A	)(ii). (Attach Schedule 8	E.)								
3	A hospital or a coop	perative hospital service	ce organization describe	ed in sec	tion 170	(b)(1)(A	χiii).					
4	A medical research	organization operated	d in conjunction with a h	ospital o	describe	d in sect	tion 170	(b)(1)(A)	(iii). En	ter the hosp	oital's	
	name, city, and stat	e.										
5	An organization open 170(b)(1)(A)(iv). (Co	erated for the benefit of complete Part II.)	of a college or university	owned	or opera	ated by	govern	nmental	unit des	cribed in se	ection	
6 7	X An organization that		overnmental unit descri substantial part of its su rt II.)					or from	the gen	eral public	descri	bed
8	A community trust d	escribed in section 17	70(b)(1)(A)(vi). (Complet	te Part II	.)							
9	from activities relate investment income a	ed to its exempt function	) more than 33-1/3% of ons — subject to certain is taxable income (less : mplete Part III.)	excepti	ons, and	d (2) no	more th	an 33-1/	/3% of it	s support fr	om a	ross
10	An organization orga	anized and operated e	exclusively to test for pu	blic safe	ty. See	section	509(a)(4	I).				
11	An organization orga more publicly suppo describes the type o	anized and operated e rted organizations de f supporting organiza	exclusively for the benef scribed in section 509(a) tion and complete lines	it of, to )(1) or s 11e thro	perform ection 50 ough 11h	the func 09(a)(2). 1.	ctions of See <b>se</b>	or carr ection 50	y out th <b>19(a)(3).</b>	e purposes Check the	of on box ti	e or hat
	a Type !	<b>b</b> Type II	c Type II	II – Fun	ctionally	integrat	ed		d 🗌	Type III -	- Othe	er
e	By checking this box other than foundatio section 509(a)(2).	n managers and other	anization is not controller than one or more publ	ed direct licly supp	tly or incoorted o	directly b rganizat	y one o ions de:	r more o scribed i	disqualif n sectio	ied persons n 509(a)(1)	or	
f		eceived a written dete	rmination from the IRS	that is a	Type I,	Type II	or Type	III supp	orting oi	rganızatıon,		
g	Since August 17, 20	06, has the organizati	on accepted any gift or	contribi	ution fro	m any o	f the fol	lowing p	ersons?	1		,
											Yes	No
	(i) A person who below, the gov	directly or indirectly co erning body of the su	ontrols, either alone or t pported organization?	logether	with per	rsons de	scribed	ın (ıı) aı	nd (III)	11 g (i)		<u> </u>
	(ii) A family memb	per of a person descri	bed in (i) above?							11 g (ii)		ļ
	(iii) A 35% controlle	ed entity of a person (	described in (i) or (ii) ab	ove?				•	•	11 g (iii)		<u> </u>
<u>h</u>	Provide the following	information about the	e supported organization	n(s)				<del></del>				
	(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1 9 above or IRC section (see instructions))	organi; column ( your go	Is the cation in in overning ment?	the organ	ou notify nization in n (i) of upport?	organiz colur organize	s the ation in in (i) ed in the	(vii) Amount of su		pport
				Yes	No	Yes	No_	Yes	No			_
(A)								=.				
<u>(B)</u>												
(C)												
(D)							_					
<u>(E)</u>												
Total		:										

BAA For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ.

Schedule A (Form 990 or 990-EZ) 2011

# Schedule A (Form 990 or 990-EZ) 2011 MEALS FROM THE HEARTLAND, INC 26-3443290 Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Se	ction A. Public Support								
Ca be	endar year (or fiscal year ginning in) ►	(a) 2007	<b>(b)</b> 2008	(c) 2009	(d) 2010	<b>(e)</b> 2011	(f) Total		
1	Gifts, grants, contributions, and membership fees received (Do not include any 'unusual grants.')			523,930.	1,056,993.	934,291.	2,515,214.		
2	2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf								
3	The value of services or facilities furnished by a governmental unit to the organization without charge								
4	Total. Add fines 1 through 3.	0.	0.	523,930.	1,056,993.	934,291.	2,515,214.		
5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount							82,904.		
6	Public support. Subtract line 5 from line 4						2,432,310.		
Se	ction B. Total Support								
Cale beg	endar year (or fiscal year inning in) ►	(a) 2007	<b>(b)</b> 2008	(c) 2009	<b>(d)</b> 2010	<b>(e)</b> 2011	(f) Total		
7	Amounts from line 4	0.	0.	523,930.	1,056,993.	934,291.	2,515,214.		
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources						0.		
9	Net income from unrelated business activities, whether or not the business is regularly carried on						0.		
10	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part IV.)								
11	Total support. Add lines 7 through 10				-		2,515,214.		
12	Gross receipts from related activi	ties, etc (see instru	uctions)	•		12	0.		
13	First five years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and stop here								
Sec	tion C. Computation of Pu	blic Support P	ercentage				%		
	14 Public support percentage for 2011 (line 6, column (f) divided by line 11, column (f))								
15	5 Public support percentage from 2010 Schedule A, Part II, line 14								
16a 33-1/3% support test — 2011. If the organization did not check the box on line 13, and the line 14 is 33-1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization   ▶ □									
t	b 33-1/3% support test — 2010. If the organization did not check a box on line 13 or 16a, and line 15 is 33-1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization								
17 <i>a</i>	17a 10%-facts-and-circumstances test — 2011. If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more, and if the organization meets the 'facts-and-circumstances' test, check this box and stop here. Explain in Part IV how the organization meets the 'facts-and-circumstances' test. The organization qualifies as a publicly supported organization								
	b 10%-facts-and-circumstances test — 2010. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or more, and if the organization meets the 'facts-and-circumstances' test, check this box and stop here. Explain in Part IV how the organization meets the 'facts-and-circumstances' test. The organization qualifies as a publicly supported organization.  Private foundation. If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions								
18 344	Private foundation. If the organiza	ation did not check	a box on line 13,	16a, 16b, 17a, c			20 or 990-FZ) 2011		

#### Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 9 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support									
Cale	endar year (or fiscal yr beginning in)	(a) 2007	<b>(b)</b> 2008	(c) 2009	(d) 2010	<b>(e)</b> 2011	(f) Total		
1	Gifts, grants, contributions and membership fees received. (Do not include any 'unusual grants.')								
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose								
3									
5	organization's benefit and either paid to or expended on its behalf								
	organization without charge								
	Total. Add lines 1 through 5.  a Amounts included on lines 1, 2, and 3 received from disqualified persons.								
	b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year								
(	Add lines 7a and 7b								
8	Public support (Subtract line 7c from line 6.)								
	tion B. Total Support	· · · · · · · · · · · · · · · · · · ·				<del></del>			
Caler	ndar year (or fiscal yr beginning in)►	(a) 2007	<b>(b)</b> 2008	(c) 2009	<b>(d)</b> 2010	<b>(e)</b> 2011	(f) Total		
10	Amounts from line 6 a Gross income from interest, dividends, payments received on securities loans, rents, royalties and income from similar sources a Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975.								
	Add lines 10a and 10b  Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on								
12	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part IV.)								
13	Total support. (Add Ins 9, 10c, 11, and 12)								
	14 First five years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and stop here								
Section C. Computation of Public Support Percentage									
	Public support percentage for 201	15	<u> </u>						
	16 Public support percentage from 2010 Schedule A, Part III, line 15								
	Investment income percentage for 2011 (line 10c, column (f) divided by line 13, column (f) 17 %								
	· · · · · · · · · · · · · · · · · · ·	17	<u> </u>						
	Investment income percentage from 33-1/3% support tests — 2011. If the	<u> </u>							
	19a 33-1/3% support tests — 2011. If the organization did not check the box on line 14, and line 15 is more than 33-1/3%, and line 17 is not more than 33-1/3%, check this box and stop here. The organization qualifies as a publicly supported organization.								
	b 33-1/3% support tests — 2010. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33-1/3%, and line 18 is not more than 33-1/3%, check this box and stop here. The organization qualifies as a publicly supported organization.  Private foundation. If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions								
20	Private foundation. If the organiza	ition did not chect	k a box on line 14,	19a, or 19b, che	ck this box and se	e instructions .	<u> </u>		

Schedule	A (Form 990 o	r 990-EZ) 2011	MEALS FRO	M THE H	EARTLAND,	INC	26-3443290	Page 4
Part IV	Suppleme Part II, lin	ental Informa e 17a or 17b	<b>ition.</b> Comple ; and Part III,	te this par line 12. A	t to provide Ilso comple	e the explare te this part	nations required by Part II, line for any additional information.	10;
	(366 11811	uctions).						
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SCHEDULEI	Grants and Other Assistance to Organizations	OMB No 154
(Form 990)	Governments, and Individuals in the United States	201
Department of the Treasury Internal Revenue Service	Complete if the organization answered 'Yes' to Form 990, Part IV, lines 21 or 22. ► Attatch to Form 990.	Open to P
Name of the organization	Employer i	Employer identification number
MEALS FROM THE	MEALS FROM THE HEARTLAND, INC	26-3443290
Part   General	Part   General Information on Grants and Assistance	

**≗** (h) Purpose of grant or assistance Form 990, Part IV, line 21 for any recipient that received more than \$5,000. Check this box if no one recipient received more than \$5,000. X Yes Part II Grants and Other Assistance to Governments and Organizations in the United States. Complete if the organization answered 'Yes' to Ald Ald Ald Ald (g) Description of non-cash assistance Meals Meals Meals Meals Does the organization maintain records to substantiate the amount of the grants or assistance, the grantees' eligibility for the grants or assistance, and the selection criteria used to award the grants or assistance? (f) Method of valuation (book, FMV, appraisal, other) Meal Cost 24,948. Meal Cost 535,210. | Meal Cost 11,529. Meal Cost See Part IV 6,861. (e) Amount of non-cash assistance Describe in Part IV the organization's procedures for monitoring the use of grant funds in the United States o. ö ö o. (d) Amount of cash grant Enter total number of section 501(c)(3) and government organizations listed in the line 1 table (c) IRC section if applicable Part II can be duplicated if additional space is needed BAA For Paperwork Reduction Act Notice, see the Instructions for Form 990. 85-0460193 501 (c) (3) 68-0051386 501 (c) (3) 42-0788211 501 (c) (3) 42-1177880 501 (c) (3) 3 Enter total number of other organizations listed in the line 1 table (e) EIN Des Moines Area Rel. Council 3816 36th Street, Suite 202 1 (a) Name and address of organization or government 330 S. Patterson Avenue Springfield, MO 65802 Des Moines, IA 50310 Des Moines, IA 50316 (3) Food Bank of Iowa (4) The Community Pantry 2220 E. 17th Street Gallup, NM 87305 Convoy of Hope P.O. Box 520 ଞ୍ଚ E 8 8 3

Schedule I (Form 990) (2011)

TEEA3901L 06/01/11

Grants and Other Assistance to Individuals in the United States. Complete if the organization answered 'Yes' to Form 990, Part IV, line 22. Part III can be duplicated if additional space is needed. 26-3443290 MEALS FROM THE HEARTLAND, INC Schedule I (Form 990) (2011)

Page 2

(f) Description of non-cash assistance Part IV Supplemental Information. Complete this part to provide the information required in Part I, line 2, and any other additional information (e) Method of valuation (book, FMV, appraisal, other) (d) Amount of non-cash assistance (c) Amount of cash grant (b) Number of recipients (a) Type of grant or assistance ന 2 9

Part I, Line 2 - Procedures for Monitoring Use of Grants Funds in U.S.

Procedures for monitoring the use of grants in the United States and out of the

country are the same. Organizations seeking grants complete a grant application

which includes the most recent Form 990 along with the most recent year-end financial

report (with audit opinion, if applicable). Grants are approved by a Meals from the

Heartland ("MftH") committee charged with that responsibility. Approved distribution

partners provide feedback to MftH in the form of pictures, stories and other

information regarding the impact the food makes.

BAA

TEEA3902L 01/25/12

Schedule I (Form 990) (2011)

## SCHEDULE O (Form 990 or 990-EZ)

### Supplemental Information to Form 990 or 990-EZ

OMB No 1545 0047

Open to Public Inspection

Employer identification number

Department of the Treasury Internal Revenue Service Name of the organization

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

► Attach to Form 990 or 990-EZ.

MEALS FROM THE HEARTLAND, INC	26-3443290
Form 990, Part III, Line 1 - Organization Mission	
Develop and carry out a comprehensive plan to provide meals to p	people who cannot
support themselves in the United States and around the worldT	The primary function
will be to bring together people from all sectors of society to	prepare packaged
food for distribution to the hungry.	
Form 990, Part VI, Line 11b - Form 990 Review Process	
A draft of Form 990 was distributed electronically to all member	s of the Board of
Directors for review and comments. After corrections and change	
result of this review, a copy of the final Form 990 was electron	
to all board members prior to filing	
Form 990, Part VI, Line 12c - Explanation of Monitoring and Enforcement of Con	
All Directors are required to update a questionnaire annually re	garding possible
conflicts of interest. The Vice Chair of the board collects all	of the annual
updates, compiles the information and presents all possible conf	licts to the
attention of the entire board. At any time during the year, all	board members are
to bring to the Vice Chair's attention any possible conflict and	appropriate action,
pursuant to the policy, is taken.	
Form 990, Part VI, Line 15a - Compensation Review & Approval Process for CEO, Exe	c. Dir., or Top Mgtment
The Chairman and the executive committee evaluated the managemen	
organization and recommended the extension of the management con	tract put in place
in 2009. The contract and compensation were approved by the ent	ire Board of
Directors.	
Form 990, Part VI, Line 19 - Other Organization Documents Publicly Available	. <b></b>
All documents required to be made public are available upon requ	est at 7780 Office
Plaza Drive South, Suite 136, West Des Moines, IA 50266.	·

### Form **8868**

(Rev January 2012)

Department of the Treasury Internal Revenue Service

### Application for Extension of Time To File an Exempt Organization Return

▶ File a separate application for each return.

OMB No. 1545-1709

4116111	AI LICADIT	10 Oct VICO							
		filing for an Automatic 3-Month Extension, filing for an Additional (Not Automatic) 3-M							
		mplete Part II unless you have already been							
Elec a co 8868 Retu	tronic rporations to rec	filing (e-file). You can electronically file Formon required to file Form 990-T), or an additionquest an extension of time to file any of the Transfers Associated With Certain Personal). For more details on the electronic filing of the	n 8868 if yo nal (not aut forms liste Il Benefit (	ou need a 3-month auto- omatic) 3-month extensed in Part I or Part II wit Contracts, which must	matic extension of ion of time. You of the exception of be sent to the	of tim can e of Fo IRS i	e to file electroni orm 887 in pape	(6 months for ically file Form 0, Information format (see	
Pai	rt I	Automatic 3-Month Extension of Time	. Only su	bmit original (no copie	es needed).			<del></del>	
A co	rporati I only	on required to file Form 990-T and reque	sting an a	automatic 6-month exte	ension—check th	•		▶ 🗆	
		rporations (including 1120-C filers), partnersh ne tax returns.	ips, REIVII						
				En	ter filer's identifyi				
Type		Name of exempt organization or other filer, see in	istructions.		Employer ident		on numb 443290	er (EIN) or	
print		MEALS FROM THE HEARTLAND, INC.  Number, street, and room or suite no. If a P.O. bo	ov see instr	uctions	Social security				
File by due da		7780 OFFICE PLAZA DRIVE #136	5x, 000 ii 10ti				J. (33.1)		
filing ye	our	City, town or post office, state, and ZIP code. For	r a foreign a	ddress, see instructions.	· <del></del>				
return instruc		WEST DES MOINES, IA 50266							
Enter	the Re	turn code for the return that this application is	s for (file a	separate application for	each return) .			. 0 1	
App	ication	1	Return	Application				Return	
Is Fo			Code	Is For				Code	
	990		01	Form 990-T (corporation	on)	_		07	
	1 990-E		02	Form 1041-A	<del></del>			08	
	1 990-E		01	Form 4720				09	
	990-F		04	Form 5227				10	
	Form 990-T (sec. 401(a) or 408(a) trust) 05 Form 6069  Form 990-T (trust other than above) 06 Form 8870							12	
10111	1000-1	(trust other than above)	00	1 0/11/00/0					
• The	books	are in the care of ▶ DANIEL KOESTNER, TR	EASURER				-		
	phone							_	
		nization does not have an office or place of bu							
		a Group Return, enter the organization's four group, check this box ▶ □ . If it						his is	
		e names and EINs of all members the extension	-	or the group, check this	5 DOX			macn	
1				equired to file Form 990	-T) extension of ti	ime			
`	1 I request an automatic 3-month (6 months for a corporation required to file Form 990-T) extension of time until 8/15 , 20 12 , to file the exempt organization return for the organization named above. The extension is								
	for the organization's return for:								
	► ☐ calendar year 20 11 or								
	▶ ☐ tax year beginning .20 . and ending .20 .								
2									
Change in accounting period  25. If this application is for Form 900 RL 900 RE 900 T 4720, or 6069, enter the tentative tax less any									
	3a If this application is for Form 990-BL, 990-PF, 990-T, 4720, or 6069, enter the tentative tax, less any nonrefundable credits. See instructions.  3a \$						0.		
b If this application is for Form 990-PF, 990-T, 4720, or 6069, enter any refundable credits and estimated tax payments made. Include any prior year overpayment allowed as a credit.  3b							•		
		ce due. Subtract line 3b from line 3a. Include				<u>3b</u>	\$	0.	
	EFTPS (Electronic Federal Tax Payment System). See instructions.  3c \$ 0.							0.	
	Caution. If you are going to make an electronic fund withdrawal with this Form 8868, see Form 8453-EO and Form 8879-EO for payment instructions.								