





A For the 2006 calendar year, or tax year beginning 01-01-2006		,2006, and ending 12-31-2006		,20	
B Check if applicable <input type="checkbox"/> Address change <input type="checkbox"/> Name change <input type="checkbox"/> Initial return <input type="checkbox"/> Final return <input type="checkbox"/> Amended return <input type="checkbox"/> Application pending	Please use IRS label or print or type. See Specific Instructions.	C Name of organization LIFERING INC dba LIFERING PRESS % Martin Nicolaus CEO		D Employer identification number 94-3267919	
		Number and street (or P O box, if mail is not delivered to street address) 1440 Broadway Ste 312		E Telephone number (510) 763-0779	
		City or town, state or country, and ZIP + 4 Oakland, CA 946122023		F Group Exemption Number	



* Section 501(c)(3) organizations and 4947(a)(1) nonexempt charitable trusts must attach a completed Schedule A (Form 990 or 990-EZ).		G Accounting method <input type="checkbox"/> Cash <input checked="" type="checkbox"/> Accrual Other (specify) ▶	
I Website: ▶ http://unhooked.com		H Check <input checked="" type="checkbox"/> if the organization is not required to attach Schedule B (Form 990, 990-EZ, or 990-PF)	
J Organization type (check only one)— <input checked="" type="checkbox"/> 501(c)(3) (insert no) <input type="checkbox"/> 4947(a)(1) or <input type="checkbox"/> 527			
K Check <input checked="" type="checkbox"/> if the organization's gross receipts are normally not more than \$25,000. The organization need not file a return with the IRS, but if the organization chooses to file a return, be sure to file a complete return. Some states require a complete return.			
L Add lines 5b, 6b, and 7b, to line 9 to determine gross receipts, if \$100,000 or more, file Form 990 instead of Form 990-EZ		▶ \$ 36,270	

Part I Revenue, Expenses, and Changes in Net Assets or Fund Balances (See page 38 of the instructions)									
Revenue	1	Contributions, gifts, grants, and similar amounts received					1	10,261	
	2	Program service revenue including government fees and contracts					2	0	
	3	Membership dues and assessments					3	0	
	4	Investment income					4	0	
	5a	Gross amount from sale of assets other than inventory			5a	0	5c	0	
	b	Less cost or other basis and sales expenses			5b	0			
	c Gain or (loss) from sale of assets other than inventory (line 5a less line 5b) (attach schedule)								
	6	Special events and activities (attach schedule) If any amount is from gaming, check here <input checked="" type="checkbox"/>					6c	-1,710	
	a	Gross revenue (not including \$ 0 of contributions reported on line 1) <input checked="" type="checkbox"/>			6a	3,520			
	b	Less direct expenses other than fundraising expenses			6b	5,230			
Expenses	c	Net income or (loss) from special events and activities (line 6a less line 6b)					6c	-1,710	
	7a	Gross sales of inventory, less returns and allowances			7a	20,020	7c	4,912	
	b	Less cost of goods sold			7b	15,108			
	c Gross profit or (loss) from sales of inventory (line 7a less line 7b)								
	8	Other revenue (describe <input checked="" type="checkbox"/>)					8	2,469	
	9	Total revenue (add lines 1, 2, 3, 4, 5c, 6c, 7c, and 8)					9	15,932	
	10	Grants and similar amounts paid (attach schedule)					10		
	11	Benefits paid to or for members					11	0	
	12	Salaries, other compensation, and employee benefits					12	0	
	13	Professional fees and other payments to independent contractors					13	0	
Net Assets	14	Occupancy, rent, utilities, and maintenance					14	9,923	
	15	Printing, publications, postage, and shipping					15	4,755	
	16	Other expenses (describe <input checked="" type="checkbox"/>)					16	0	
	17	Total expenses (add lines 10 through 16)					17	14,678	
	18	Excess or (deficit) for the year (line 9 less line 17)					18	1,254	
	19	Net assets or fund balances at beginning of year (from line 27, column (A)) (must agree with end-of-year figure reported on prior year's return)					19	25,135	
	20	Other changes in net assets or fund balances (attach explanation) <input checked="" type="checkbox"/>					20	8,829	
	21	Net assets or fund balances at end of year (combine lines 18 through 20)					21	35,218	

Part II Balance Sheets —If Total assets on line 25, column (B) are \$250,000 or more, file Form 990 instead of Form 990-EZ			
(See page 41 of the instructions)		(A) Beginning of year	(B) End of year
22	Cash, savings, and investments	12,635	22 8,356
23	Land and buildings	0	23 0
24	Other assets (describe  )	12,500	24 26,960
25	Total assets	25,135	25 35,316
26	Total liabilities (describe  )	0	26 98
27	Net assets or fund balances (line 27 of column (B) must agree with line 21) .	25,135	27 35,218

Part III Statement of Program Service Accomplishments (See page 42 of the instructions)		Expenses (Required for 501(c)(3) and (4) organizations and 4947(a)(1) trusts, optional for others)	
Growing a network of support groups for recovering alcoholics and addicts, and publishing educational materials toward that purpose			
What is the organization's primary exempt purpose?			
Describe what was achieved in carrying out the organization's exempt purposes. In a clear and concise manner, describe the services provided, the number of persons benefited, or other relevant information for each program title			
28 Nervous System Diseases Programs, General/Other We exhibited at and participated in a national conference of addiction treatment professionals, contacting an estimated 300 professionals and distributing our literature to them (300 Contacts) (Grants \$ 1,363) If this amount includes foreign grants, check here <input type="checkbox"/>		28a	1,192
29 Nervous System Diseases Programs, General/Other We published an updated edition of a workbook that assists alcoholics and addicts in fashioning their recovery programs, and a magazine-format booklet that explains our recovery approach to medical/psychological professionals (6000 publication copies) (Grants \$ 15,108) If this amount includes foreign grants, check here <input type="checkbox"/>		29a	15,108
30 Nervous System Diseases Programs, General/Other We created and/or supported about 100 weekly support groups for people recovering from alcoholism and/or drug addiction and related brain diseases, serving an estimated 15,000 participants (15000 Clients) (Grants \$ 0) If this amount includes foreign grants, check here <input type="checkbox"/>		30a	7,800
31 Other program services (attach schedule) (Grants \$) If this amount includes foreign grants, check here <input type="checkbox"/>		31a	
32 Total program service expenses (add lines 28a through 31a)		32	24,100

Part IV List of Officers, Directors, Trustees, and Key Employees (List each one even if not compensated. See page 42 of the instructions.)				
(A) Name and address	(B) Title and average hours per week devoted to position	(C) Compensation (If not paid, enter -0-.)	(D) Contributions to employee benefit plans & deferred compensation	(E) Expense account and other allowances
See Additional Data Table				

Part V Other Information (Note the attachment requirement in General Instruction V, page 14.)			Yes	No
33	Did the organization engage in any activity not previously reported to the IRS? If "Yes," attach a detailed description of each activity	33		No
34	Were any changes made to the organizing or governing documents but not reported to the IRS? If "Yes," attach a conformed copy of the changes 	34	Yes	
35	If the organization had income from business activities, such as those reported on lines 2, 6, and 7 (among others), but not reported on Form 990-T, attach a statement explaining your reason for not reporting the income on Form 990-T			
a	Did the organization have unrelated business gross income of \$1,000 or more or 6033(e) notice, reporting, and proxy tax requirements?	35a		No
b	If "Yes," has it filed a tax return on Form 990-T for this year?	35b		
36	Was there a liquidation, dissolution, termination, or substantial contraction during the year? (If "Yes," attach a statement)	36		No
37a	Enter amount of political expenditures, direct or indirect, as described in the instructions 	37a	0	
b	Did the organization file Form 1120-POL for this year?	37b		No
38a	Did the organization borrow from, or make any loans to, any officer, director, trustee, or key employee or were any such loans made in a prior year and still unpaid at the start of the period covered by this return?	38a		No
b	If "Yes," attach the schedule specified in the line 38 instructions and enter the amount involved	38b	0	
39	501(c)(7) organizations. Enter			
a	Initiation fees and capital contributions included on line 9	39a		
b	Gross receipts, included on line 9, for public use of club facilities	39b		





Part V **Other Information** (Note the attachment requirement in General Instruction V, page 14.) (Continued)

section 4911  0 , section 4912  0 , section 4955  0

	Yes	No
40b		No

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40e		No
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42a The books are in care of  Martin Nicolaus Telephone no  (800) 811-4142
 1440 Broadway Ste 312
 Located at  Oakland, CA ZIP + 4  946122023







	Yes	No
42b		No

See the instructions for exceptions and filing requirements for **Form TD F 90-22.1**.

42c	No
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43 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-EZ in lieu of **Form 1041**—Check here
and enter the amount of tax-exempt interest received or accrued during the tax year **43**

Signature of officer	2007-05-30
Date	
Martin Nicolaus CEO	
Type or print name and title	

Preparer's signature 	Date	Check if self-employed  	Preparer's SSN or PTIN (See Gen Inst W)
Firm's name (or yours if self-employed), address, and ZIP + 4  _____			EIN 
			Phone no 

SCHEDULE A
(Form 990 or 990EZ)

Department of the
Treasury
Internal Revenue
Service

Name of the organization
LIFERING INC
dba LIFERING PRESS

Organization Exempt Under Section 501(c)(3)
(Except Private Foundation) and Section 501(e), 501(f), 501(k),
501(n), or 4947(a)(1) Nonexempt Charitable Trust
Supplementary Information—(See separate instructions.)

OMB No 1545-0047

2006

▶ MUST be completed by the above organizations and attached to their Form 990 or 990-EZ

Employer identification number

94-3267919

Part I

Compensation of the Five Highest Paid Employees Other Than Officers, Directors, and Trustees
(See page 2 of the instructions. List each one. If there are none, enter "None.")

(a) Name and address of each employee paid more than \$50,000	(b) Title and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans & deferred compensation	(e) Expense account and other allowances
None				
Total number of other employees paid over \$50,000 ▶	0			

Part II-A

Compensation of the Five Highest Paid Independent Contractors for Professional Services
(See page 2 of the instructions. List each one (whether individuals or firms). If there are none, enter "None.")

(a) Name and address of each independent contractor paid more than \$50,000	(b) Type of service	(c) Compensation
None		
Total number of others receiving over \$50,000 for professional services ▶	0	

Part II-B

Compensation of the Five Highest Paid Independent Contractors for Other Services
(List each contractor who performed services other than professional services, whether individuals or firms. If there are none, enter "None". See page 2 for instructions.)

(a) Name and address of each independent contractor paid more than \$50,000	(b) Type of service	(c) Compensation
None		
Total number of other contractors receiving over \$50,000 for other services ▶	0	

Part III Statements About Activities (See page 2 of the instructions.)

Yes No

1	During the year, has the organization attempted to influence national, state, or local legislation, include any attempt to influence public opinion on a legislative matter or referendum? If "Yes," enter the total expenses paid or incurred in connection with the lobbying activities ▶\$ _____(Must equal amounts on line 38, Part VI-A, or line 1 of Part VI-B)	1		No
2	During the year, has the organization, either directly or indirectly, engaged in any of the following acts with any substantial contributors, trustees, directors, officers, creators, key employees, or members of their families, or with any taxable organization with which any such person is affiliated as an officer, director, trustee, majority owner, or principal beneficiary? (If the answer to any question is "Yes," attach a detailed statement explaining the transactions.)			
a	Sale, exchange, or leasing property?	2a		No
b	Lending of money or other extension of credit?	2b		No
c	Furnishing of goods, services, or facilities?	2c		No
d	Payment of compensation (or payment or reimbursement of expenses if more than \$1,000)?	2d		No
e	Transfer of any part of its income or assets?	2e		No
3a	Did the organization make grants for scholarships, fellowships, student loans, etc ? (If "Yes," attach an explanation of how the organization determines that recipients qualify to receive payments)	3a		No
b	Did the organization have a section 403(b) annuity plan for its employees?	3b		No
c	Did the organization receive or hold an easement for conservation purposes, including easements to preserve open space, the environment , historic land areas or structures? If "Yes" attach a detailed statement	3c		No
d	Did the organization provide credit counseling, debt management, credit repair, or debt negotiation services?	3d		No
4a	Did the organization maintain any donor advised funds? If "Yes," complete lines 4b through 4g If "No," complete lines 4f and 4g	4a		No
b	Did the organization make any taxable distributions under section 4966?	4b		No
c	Did the organization make a distribution to a donor, donor advisor, or related person?	4c		No
d	Enter the total number of donor advised funds owned at the end of the tax year ▶ _____			
e	Enter the aggregate value of assets held in all donor advised funds owned at the end of the tax year ▶ _____			
f	Enter the total number of separate funds or accounts owned at the end of the tax year (excluding donor advised funds included on line 4d) where donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts ▶ 0 _____			
g	Enter the aggregate value of assets held in all funds or accounts included on line 4f at the end of the tax year ▶ 0 _____			

Part IV Reason for Non-Private Foundation Status (See pages 4 through 7 of the instructions.)

I certify that the organization is not a private foundation because it is (Please check only **ONE** applicable box)

- 5

☐

A church, convention of churches, or association of churches Section 170(b)(1)(A)(i)
- 6

☐

A school Section 170(b)(1)(A)(ii) (Also complete Part V)
- 7

☐

A hospital or a cooperative hospital service organization Section 170(b)(1)(A)(iii)
- 8

☐

A federal, state, or local government or governmental unit Section 170(b)(1)(A)(v)
- 9

☐

A medical research organization operated in conjunction with a hospital Section 170(b)(1)(A)(iii) **Enter the hospital's name, city, and state** ▶
- 10

☐

An organization operated for the benefit of a college or university owned or operated by a governmental unit Section 170(b)(1)(A)(iv) (Also complete the **Support Schedule** in Part IV-A)
- 11a

☐

An organization that normally receives a substantial part of its support from a governmental unit or from the general public Section 170(b)(1)(A)(vi) (Also complete the **Support Schedule** in Part IV-A)
- 11b

☐

A community trust Section 170(b)(1)(A)(vi) (Also complete the **Support Schedule** in Part IV-A)
- 12

☒

An organization that normally receives **(1) more than 33 1/3%** of its support from contributions, membership fees, and gross receipts from activities related to its charitable, etc , functions—subject to certain exceptions, and **(2) no more than 33 1/3%** of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975 See section 509(a)(2) (Also complete the **Support Schedule** in Part IV-A)
- 13

☐

An organization that is not controlled by any disqualified persons (other than foundation managers) and otherwise meets the requirements of section 509(a)(3) Check the box that describes the type of supporting organization
- ☐ Type I

☐ Type II

☐ Type III - Functionally Integrated

☐ Type III - Other

Provide the following information about the supported organizations. (see page 7 of the instructions.)					
(a) Name(s) of supported organization(s)	(b) Employer identification number	(c) Type of organization (described in lines 5 through 12 above or IRC section)	(d) Is the supported organization listed in the supporting organization's governing documents?		(e) Amount of support?
			Yes	No	
Total ▶					

- 14

☐

An organization organized and operated to test for public safety Section 509(a)(4) (See page 7 of the instructions)

Part IV-A Support Schedule

(Complete only if you checked a box on line 10, 11, or 12) Use cash method of accounting.

Note: You may use the worksheet in the instructions for converting from the accrual to the cash method of accounting.

Calendar year (or fiscal year beginning in)	(a) 2005	(b) 2004	(c) 2003	(d) 2002	(e) Total
15 Gifts, grants, and contributions received (Do not include unusual grants See line 28)	1,759	7,536	5,405	8,565	23,265
16 Membership fees received	0	0	0	0	0
17 Gross receipts from admissions, merchandise sold or services performed, or furnishing of facilities in any activity that is related to the organization's charitable, etc , purpose	23,452	15,731	21,993	23,004	84,180
18 Gross income from interest, dividends, amounts received from payments on securities loans (section 512(a)(5)), rents, royalties, and unrelated business taxable income (less section 511 taxes) from businesses acquired by the organization after June 30, 1975	0	0	0	0	0
19 Net income from unrelated business activities not included in line 18	0	0	0	0	0
20 Tax revenues levied for the organization's benefit and either paid to it or expended on its behalf	0	0	0	0	0
21 The value of services or facilities furnished to the organization by a governmental unit without charge Do not include the value of services or facilities generally furnished to the public without charge	0	0	0	0	0
22 Other income Attach a schedule Do not include gain or (loss) from sale of capital assets	0	0	0	0	0
23 Total of lines 15 through 22	25,211	23,267	27,398	31,569	107,445
24 Line 23 minus line 17	1,759	7,536	5,405	8,565	23,265
25 Enter 1% of line 23	252	233	274	316	
26 Organizations described on lines 10 or 11: a Enter 2% of amount in column (e), line 24				26a	
b Prepare a list for your records to show the name of and amount contributed by each person (other than a governmental unit or publicly supported organization) whose total gifts for 2002 through 2005 exceeded the amount shown in line 26a Do not file this list with your return. Enter the total of all these excess amounts				26b	
c Total support for section 509(a)(1) test Enter line 24, column (e)				26c	23,265
d Add Amounts from column (e) for lines 18 19 22 26 b				26d	
e Public support (line 26c minus line 26d total)				26e	
f Public support percentage (line 26e (numerator) divided by line 26c (denominator))				26f	
27 Organizations described on line 12: a For amounts included in lines 15, 16, and 17 that were received from a "disqualified person," prepare a list for your records to show the name of, and total amounts received in each year from, each "disqualified person " Do not file this list with your return. Enter the sum of such amounts for each year (2005) 0(2004) 0(2003) 0(2002) 0					
b For any amount included in line 17 that was received from each person (other than "disqualified persons"), prepare a list for your records to show the name of, and amount received for each year, that was more than the larger of (1) the amount on line 25 for the year or (2) \$5,000 (Include in the list organizations described in lines 5 through 11b, as well as individuals) Do not file this list with your return. After computing the difference between the amount received and the larger amount described in (1) or (2), enter the sum of these differences (the excess amounts) for each year (2005) 0(2004) 0(2003) 0(2002) 0					
c Add Amounts from column (e) for lines 15 23,265 16 0 17 84,180 20 0 21 0				27c	107,445
d Add Line 27a total 0 and line 27 b total 0				27d	0
e Public support (line 27c total minus line 27d total)				27e	107,445
f Total support for section 509(a)(2) test Enter amount from line 23, column (e)	27f	107,445			
g Public support percentage (line 27e (numerator) divided by line 27f (denominator))				27g	1 00 %
h Investment income percentage (line 18, column (e) (numerator) divided by line 27f (denominator))				27h	0 %
28 Unusual Grants: For an organization described in line 10, 11, or 12 that received any unusual grants during 2002 through 2005, prepare a list for your records to show, for each year, the name of the contributor, the date and amount of the grant, and a brief description of the nature of the grant Do not file this list with your return. Do not include these grants in line 15					


Part V Private School Questionnaire (See page 7 of the instructions.)


(To be completed ONLY by schools that checked the box on line 6 in Part IV)

29	Does the organization have a racially nondiscriminatory policy toward students by statement in its charter, bylaws, other governing instrument, or in a resolution of its governing body?		Yes	No
29				
30	Does the organization include a statement of its racially nondiscriminatory policy toward students in all its brochures, catalogues, and other written communications with the public dealing with student admissions, programs, and scholarships?			
30				
31	Has the organization publicized its racially nondiscriminatory policy through newspaper or broadcast media during the period of solicitation for students, or during the registration period if it has no solicitation program, in a way that makes the policy known to all parts of the general community it serves? If "Yes," please describe, if "No," please explain (If you need more space, attach a separate statement)			
31				
31				
31				
32	Does the organization maintain the following			
a	Records indicating the racial composition of the student body, faculty, and administrative staff?	32a		
b	Records documenting that scholarships and other financial assistance are awarded on racially nondiscriminatory basis?	32b		
c	Copies of all catalogues, brochures, announcements, and other written communications to the public dealing with student admissions, programs, and scholarships?	32c		
d	Copies of all material used by the organization or on its behalf to solicit contributions?	32d		
	If you answered "No" to any of the above, please explain (If you need more space, attach a separate statement)			
33	Does the organization discriminate by race in any way with respect to			
a	Students' rights or privileges?	33a		
b	Admissions policies?	33b		
c	Employment of faculty or administrative staff?	33c		
d	Scholarships or other financial assistance?	33d		
e	Educational policies?	33e		
f	Use of facilities?	33f		
g	Athletic programs?	33g		
h	Other extracurricular activities?	33h		
	If you answered "Yes" to any of the above, please explain (If you need more space, attach a separate statement)			
34a	Does the organization receive any financial aid or assistance from a governmental agency?	34a		
b	Has the organization's right to such aid ever been revoked or suspended? If you answered "Yes" to either 34a or b, please explain using an attached statement	34b		
35	Does the organization certify that it has complied with the applicable requirements of sections 4 01 through 4 05 of Rev Proc 75-50, 1975-2 C B 587, covering racial nondiscrimination? If "No," attach an explanation	35		

Part VI-A

Lobbying Expenditures by Electing Public Charities (See page 10 of the instructions.)
(To be completed ONLY by an eligible organization that filed Form 5768)


Check  **a** ☐ if the organization belongs to an affiliated group

Check  **b** ☐ if you checked "a" and "limited control" provisions apply

Limits on Lobbying Expenditures		(a) Affiliated group totals	(b) To be completed for all electing organizations
(The term "expenditures" means amounts paid or incurred)			
36	Total lobbying expenditures to influence public opinion (grassroots lobbying)	36	
37	Total lobbying expenditures to influence a legislative body (direct lobbying)	37	
38	Total lobbying expenditures (add lines 36 and 37)	38	
39	Other exempt purpose expenditures	39	
40	Total exempt purpose expenditures (add lines 38 and 39)	40	
41	Lobbying nontaxable amount Enter the amount from the following table— <div><div>If the amount on line 40 is—</div><div>The lobbying nontaxable amount is—</div><div>Not over \$500,00020% of the amount on line 40</div><div>Over \$500,000 but not over \$1,000,000\$100,000 plus 15% of the excess over \$500,000</div><div>Over \$1,000,000 but not over \$1,500,000\$175,000 plus 10% of the excess over \$1,000,000</div><div>Over \$1,500,000 but not over \$17,000,000\$225,000 plus 5% of the excess over \$1,500,000</div><div>Over \$17,000,000\$1,000,000</div></div>	41	
42	Grassroots nontaxable amount (enter 25% of line 41)	42	
43	Subtract line 42 from line 36 Enter -0- if line 42 is more than line 36	43	
44	Subtract line 41 from line 38 Enter -0- if line 41 is more than line 38	44	
Caution: If there is an amount on either line 43 or line 44, you must file Form 4720.			

4-Year Averaging Period Under Section 501(h)

(Some organizations that made a section 501(h) election do not have to complete all of the five columns below
See the instructions for lines 45 through 50 on page 13 of the instructions)

	Lobbying Expenditures During 4-Year Averaging Period				
Calendar year (or fiscal year beginning in) 	(a) 2006	(b) 2005	(c) 2004	(d) 2003	(e) Total
45 Lobbying nontaxable amount					
46 Lobbying ceiling amount (150% of line 45(e))					
47 Total lobbying expenditures					
48 Grassroots nontaxable amount					
49 Grassroots ceiling amount (150% of line 48(e))					
50 Grassroots lobbying expenditures					

Part VI-B

Lobbying Activity by Nonelecting Public Charities
(For reporting only by organizations that did not complete Part VI-A) (See page 13 of the instructions.)

During the year, did the organization attempt to influence national, state or local legislation, including any attempt to influence public opinion on a legislative matter or referendum, through the use of	Yes	No	Amount
a Volunteers		No	
b Paid staff or management (Include compensation in expenses reported on lines c through h .)		No	
c Media advertisements		No	
d Mailings to members, legislators, or the public		No	
e Publications, or published or broadcast statements		No	
f Grants to other organizations for lobbying purposes		No	
g Direct contact with legislators, their staffs, government officials, or a legislative body		No	
h Rallies, demonstrations, seminars, conventions, speeches, lectures, or any other means		No	
i Total lobbying expenditures (Add lines c through h .)			0
If "Yes" to any of the above, also attach a statement giving a detailed description of the lobbying activities			

Exempt Organizations (See page 13 of the instructions.)

501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?

- (i) Cash
- (ii) Other assets

- (i) Sales or exchanges of assets with a noncharitable exempt organization
- (ii) Purchases of assets from a noncharitable exempt organization
- (iii) Rental of facilities, equipment, or other assets
- (iv) Reimbursement arrangements
- (v) Loans or loan guarantees
- (vi) Performance of services or membership or fundraising solicitations

d If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting organization. If the organization received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.

	Yes	No
51a(i)		No
a(ii)		No
b(i)		No
b(ii)		No
b(iii)		No
b(iv)		No
b(v)		No
b(vi)		No
c		No

[illegible]

described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527?

►

7

Yes

☒

No

b If "Yes," complete the following schedule

[illegible]

TY 2006 Compensation Explanation

Name: LIFERING INC
dba LIFERING PRESS

EIN: 94-3267919

Software ID: 06000173

Software Version: v1.00

Person Name	Explanation
Martin Nicolaus	All of our officers and directors serve as volunteers without pay

TY 2006 Other Assets Schedule**Name:** LIFERING INC

dba LIFERING PRESS

EIN: 94-3267919**Software ID:** 06000173**Software Version:** v1.00

Description	Beginning of Year Amount	End of Year Amount
Inventory of publications	12,500	26,460
Prepaid expenses	0	500

TY 2006 Other Changes in Net Assets Schedule

Name: LIFERING INC

dba LIFERING PRESS

EIN: 94-3267919

Software ID: 06000173

Software Version: v1.00

Description	Amount
Increase in book inventory (new printing)	8,829

TY 2006 Other Liabilities Schedule

Name: LIFERING INC
dba LIFERING PRESS

EIN: 94-3267919

Software ID: 06000173

Software Version: v1.00

Description	Beginning of Year Amount	End of Year Amount
Accrued sales tax liability	0	98

TY 2006 Other Revenues Schedule

Name: LIFERING INC
dba LIFERING PRESS

EIN: 94-3267919

Software ID: 06000173

Software Version: v1.00

Description	Amount
Shipping charges	2,469

TY 2006 Reasonable Cause Explanation

Name: LIFERING INC
dba LIFERING PRESS

EIN: 94-3267919

Software ID: 06000173

Software Version: v1.00

Explanation: This is the first year that our gross income exceeded the \$25,000 floor and this fact was not discovered until the annual financial report was prepared for our annual meeting in the first week of May. Unfortunately our bookkeeper had to withdraw due to family responsibilities just at that juncture and could not complete the return in a timely manner. We will be on time next year.

TY 2006 Special Events Schedule**Name:** LIFERING INC

dba LIFERING PRESS

EIN: 94-3267919**Software ID:** 06000173**Software Version:** v1.00

Event Name	Gross Receipts	Contributions	Gross Revenue	Direct Expense	Net Income (Loss)
Annual Congress 2006	3,520	0	3,520	4,038	-518
NAADAC Conference Burbank	0	0	0	1,192	-1,192

*** 990 Online Filers: Please fax completed and signed form to 866-699-3916

Form 8453-EO	Exempt Organization Declaration and Signature for Electronic Filing	OMB No 1545-1879
Department of the Treasury Internal Revenue Service	For calendar year 2006, or tax year beginning <u>1/1/2006</u> , and ending <u>12/31/2006</u> For use with Forms 990, 990-EZ, 990-PF, 1120-POL, and 8868 ▶ See instructions on back.	2006
Name of exempt organization LIFERING INC		Employer identification number 94 3267919

Part I Type of Return and Return Information (Whole Dollars Only)

Check the box for the return for which you are using this Form 8453-EO and enter the applicable amount from the return if any. If you check the box on line 1a, 2a, 3a, 4a, or 5a below and the amount on that line for the return for which you are filing this form was blank, then leave line 1b, 2b, 3b, 4b, or 5b, whichever is applicable, blank (that is, do not enter -0-). But, if you entered -0- on the return, then enter -0- on the applicable line below. **Do not** complete more than 1 line in Part I.

1a Form 990 check here ▶ <input type="checkbox"/>	b Total revenue, if any (Form 990, line 12)	1b	
2a Form 990-EZ check here ▶ <input checked="" type="checkbox"/>	b Total revenue, if any (Form 990-EZ, line 9)	2b	\$15,932
3a Form 1120-POL check here ▶ <input type="checkbox"/>	b Total tax (Form 1120-POL, line 22)	3b	
4a Form 990-PF check here ▶ <input type="checkbox"/>	b Tax based on investment income (Form 990-PF Part VI, line 5)	4b	
5a Form 8868 check here ▶ <input type="checkbox"/>	b Balance due (Form 8868, line 3c)	5b	

Part II Declaration of Officer

6 ☐ I authorize the U.S. Treasury and its designated Financial Agent to initiate an ACH electronic funds withdrawal (direct debit) entry to the financial institution account indicated in the tax preparation software for payment of the organization's federal taxes owed on this return, and the financial institution to debit the entry to this account. To revoke a payment, I must contact the U.S. Treasury Financial Agent at 1-888-353-4537 no later than 2 business days prior to the payment (settlement) date. I also authorize the financial institutions involved in the processing of the electronic payment of taxes to receive confidential information necessary to answer inquiries and resolve issues related to the payment.

☐ If a copy of this return is being filed with a state agency(ies) regulating charities as part of the IRS Fed/State program, I certify that I executed the electronic disclosure consent contained within this return allowing disclosure by the IRS of this Form 990/990-EZ/990-PF (as specifically identified in Part I above) to the selected state agency(ies).

Under penalties of perjury, I declare that I am an officer of the above named organization and that I have examined a copy of the organization's 2006 electronic return and accompanying schedules and statements and to the best of my knowledge and belief, they are true, correct, and complete. I further declare that the amount in Part I above is the amount shown on the copy of the organization's electronic return. I consent to allow my intermediate service provider, transmitter, or electronic return originator (ERO) to send the organization's return to the IRS and to receive from the IRS (a) an acknowledgement of receipt or reason for rejection of the transmission (b) an indication of any refund offset, (c) the reason for any delay in processing the return or refund, and (d) the date of any refund.

Sign Here ▶	<i>Martin Nicolaus</i>	5/30/07	▶ Martin Nicolaus, CEO
	Signature of officer	Date	

Part III Declaration of Electronic Return Originator (ERO) and Paid Preparer (see instructions)

I declare that I have reviewed the above organization's return and that the entries on Form 8453-EO are complete and correct to the best of my knowledge. If I am only a collector, I am not responsible for reviewing the return and only declare that this form accurately reflects the data on the return. The organization officer will have signed this form before I submit the return. I will give the officer a copy of all forms and information to be filed with the IRS, and have followed all other requirements in Publication 4205, Information for Authorized IRS e-file Providers of Exempt Organization Filings. If I am also the Paid Preparer, under penalties of perjury I declare that I have examined the above organization's return and accompanying schedules and statements, and to the best of my knowledge and belief, they are true, correct, and complete. This Paid Preparer declaration is based on all information of which I have any knowledge.

ERO's Use Only	ERO's signature ▶	Date	Check if also paid preparer <input type="checkbox"/>	Check if self-employed <input type="checkbox"/>	ERO's SSN or PTIN
	Firm's name (or yours if self-employed), address, and ZIP code ▶				EIN
					Phone no. ()

Under penalties of perjury, I declare that I have examined the above return and accompanying schedules and statements, and to the best of my knowledge and belief, they are true, correct, and complete. Declaration of preparer is based on all information of which the preparer has any knowledge.

Paid Preparer's Use Only	Preparer's signature ▶	Date	Check if self-employed <input type="checkbox"/>	Preparer's SSN or PTIN
	Firm's name (or yours if self-employed), address, and ZIP code ▶			EIN
				Phone no. ()

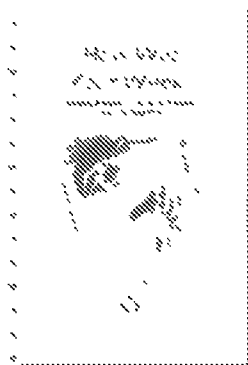
Also from LifeRing Press

Recovery by Choice:

Living and Enjoying Life Free of Alcohol and Drugs A Workbook
By Martin Nicolaus

Recovery by Choice is a tool for those who want to build their personal recovery program in a structured, systematic manner. In its 300 pages, you will find dozens of worksheets and exercises that address major issues facing most people in recovery. Its purpose is to assist you in devising a recovery path tailor-made for your particular background, personality, and environment. Its open-ended approach is compatible with a wide range of abstinence-based treatment methods. The book is direct, concrete, empathetic, and respectful of the basic truth that each person must find their own way.

Recovery By Choice, 300 pp. 8.5" x 11", US\$20.00 + S/H | ISBN 0-9659429-3-9 3rd Printing 2006 Order from www.lifering.com



How Was Your Week?

Bringing People Together in Recovery the LifeRing Way -- A Handbook By Martin Nicolaus

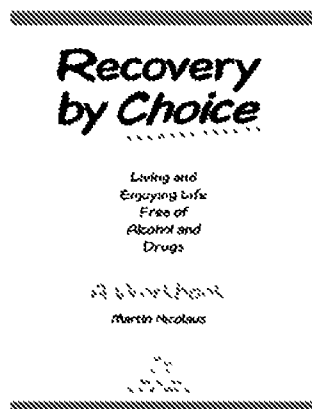
"How Was Your Week?" is the question that opens most LifeRing meetings. This book describes the surface process of the LifeRing meeting format and the deeper healing, empowering forces at work within it. The book is mainly a handbook for the people who lead and support LifeRing meetings ("convenors") but will also be of value to

other readers who want a thoughtful, reasoned exposition of the LifeRing approach.

"A masterful job." -- Bill White, Author, Slaying the Dragon: The History of Addiction Treatment and Recovery in America.

How Was Your Week? 250 pp. 5.25" x 8.5", comb binding US\$15 + s/h
ISBN 0-9659429-4-5 2003 Order from www.lifering.com

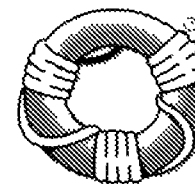
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The LifeRing Bylaws

2006

As Adopted by the LifeRing Constitutional Congress in 2001
And Amended by the Annual LifeRing Congresses Through
2006

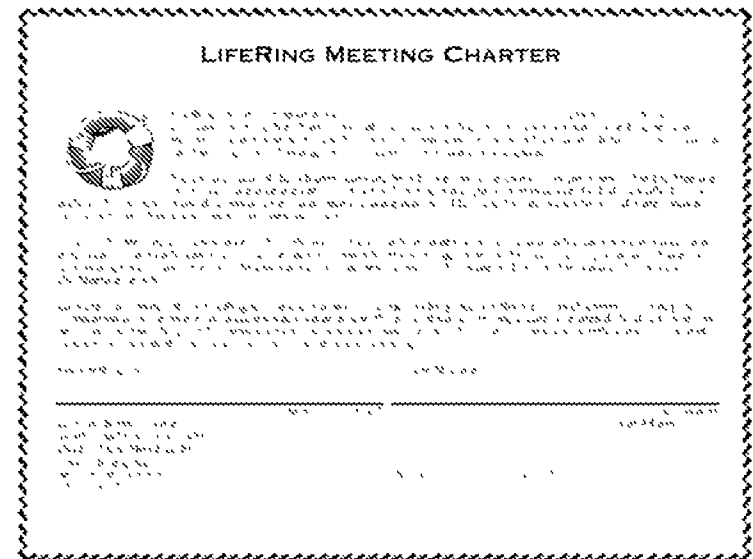


LifeRing Press
Oakland, CA
1-800-811-4142
www.lifering.com

lar Recovery,” is chartered as a nonprofit corporation to serve recovering alcoholics and addicts, and the general public, by organizing meetings dedicated to sobriety, secularity and self-help, and by providing educational information toward that end By “sobriety” LifeRing means complete abstinence from alcohol and illicit or non-medically indicated drugs

[Signatures on behalf of LifeRing Inc and of Meeting]

[End]



Specimen charter, above You can download a blank charter from www.unhooked.com/msk/ or contact the LifeRing Service Center:

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Distributed by the

LifeRing Service Center

1440 Broadway Suite 312

Oakland CA 94612-2029

www.lifering.org

service@lifering.org

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Toll free: 800-811-4142

Fax: 510-763-1513

For more information about LifeRing, go to www.unhooked.com

The contents of this publication represent the official position of LifeRing Secular Recovery

LifeRing Service Center

1440 Broadway Ste 312

Oakland, CA 94612-2023

service@lifering.org

1-800-811-4142 (510-763-0779)

8 4 Professional Advisory Board. The Board of Directors shall establish the LifeRing Professional Advisory Board, consisting of professionals in the chemical dependency treatment field and in related areas who are sympathetic to the aims of LifeRing Secular Recovery and are in a position to assist with the progress of the LifeRing organization. The powers of the LifeRing Professional Advisory Board shall be advisory only [Added 2006].

Article 9. Principal Office

The principal office of the corporation for the transaction of business is located in Alameda County, California. The corporation may establish additional offices as may be lawful and appropriate.

Article 10. Amendments

The Congress may amend these Bylaws by a two-thirds majority, except that the Congress shall have no power to amend the Articles of Incorporation of LifeRing Inc. or any statement in these Bylaws that appears in the Articles of Incorporation.

Article 11. LifeRing Meeting Charter

LifeRing, Inc. hereby grants the _____ (location or Internet address) meeting this charter to display the LifeRing logo and to use the name, "LifeRing Secular Recovery" and any short forms thereof, to promote abstinence, secularity and self-help. This charter is valid so long as the Meeting remains actively dedicated to these goals. For the duration of this charter, LifeRing Secular Recovery Service Center promises to list the Meeting on the LifeRing meeting list, to notify the Meeting of any publications or events that may affect it, to include the Meeting in the democratic internal decision-making process of LifeRing Inc. pursuant to the LifeRing Bylaws, and to serve the Meeting's needs to the best of its ability. In turn, the Meeting promises to keep the LSR Service Center informed of the current name, address, phone number, and, if applicable, email address, of at least one contact person for the Meeting, to notify the Center promptly of any change in its meeting time, place, Internet address if applicable, or description, and to support LifeRing Inc. financially to the extent the Meeting sees fit. LifeRing, Inc., owner of the LifeRing logo and of the service mark "LifeRing Secu-

LifeRing Bylaws

Adopted by the LifeRing Constitutional Congress February 17, 2001, at Brooksville, Florida; as amended by the Second Annual Congress March 17, 2002 at Berkeley, California; by the Third Annual Congress March 2, 2003 at Brooksville, Florida; by the Fourth Annual Congress March 28, 2004 at Berkeley, California; and by the Sixth Annual Congress March 28, 2006 at Berkeley, California.

Preamble

We the members of LifeRing Secular Recovery, in order to establish a freestanding, democratic recovery support network based on abstinence, secularity and self-help, adopt the following Bylaws:

Article 1. Purposes

LifeRing is chartered as a nonprofit corporation (LifeRing Inc.) to serve recovering alcoholics and addicts, and persons involved in relationships with them, and the general public, by holding meetings and public forums and similar activities, and by publishing and disseminating educational materials relative to alcoholism, addiction and recovery therefrom, and by engaging in all other activities incidental or appropriate thereto, all based on the principles of abstinence, secularity and self-help.

Article 2. Name

The meetings, public forums and similar activities dedicated to the aforesaid purpose shall have the name "LifeRing Secular Recovery."

Article 3. Membership

The only requirement for membership in LifeRing Secular Recov-

ery meetings is a desire to abstain from the use of alcohol and illicit or non-medically indicated drugs

Article 4. Meetings

4 1 Two or more persons who come together for the purpose of abstinence, secularity and self-help using the LifeRing name constitute a meeting of LifeRing Secular Recovery

4 2 A meeting may come together either face-to-face or via electronic communication, except as otherwise provided in sections 5 1 and 6 7 below

4 3 Each LifeRing Secular Recovery meeting shall be bound by the LifeRing Meeting Charter contained in Article 11 of these Bylaws

4 4 Meetings of LifeRing Secular Recovery are self-supporting, and are autonomous and independent except insofar as their activity affects other LifeRing Secular Recovery meetings or the LifeRing organization as a whole

Article 5. Annual LifeRing Congress

5 1 The meetings of LifeRing Secular Recovery, through their delegates, shall assemble face-to-face on a regular annual basis as the LifeRing Congress

5 2 Each public LifeRing Secular Recovery meeting may select one delegate to the Congress

5 2 1 A meeting is public for the purposes of these Bylaws if it convenes in a location accessible to the public and if its location, day and time are posted in a manner likely to give public notice. The term "location" shall also include Internet address

5 2 2 The date that a meeting must be in place in order to be eligible to send a delegate to the annual Congress shall be forty-five (45) days before the Congress *[Added 3/17/02]*

5 3 Each member of a LifeRing Secular Recovery meeting may cast one vote for a Congress delegate and, in case of membership in more than one meeting, may select the meeting in which to cast that vote

8 2 Service Center

8 2 1 This entity shall be known as the LifeRing Secular Recovery Service Center

8 2 2 The purpose of the Service Center shall be to serve the meetings. Toward that end, it shall:

8 2 2 1 Publish and maintain an online list of both face-to-face and electronic LifeRing Secular Recovery meetings

8 2 2 2 Act as a reference for meeting space providers and supply them with required documentation concerning the status of LifeRing Inc. and of the particular meeting

8 2 2 3 Maintain an Internet presence for LifeRing Secular Recovery

8 2 2 4 Operate as an information and referral service for the meetings using all appropriate media

8 2 2 5 Operate a speakers' bureau

8 2 2 6 Conduct workshops and similar educational events for convenors and other members and the general public

8 2 2 7 Provide a source of supplies for meetings

8 2 2 8 Receive and account for financial contributions from the meetings

8 2 2 9 Do all other things necessary and appropriate for the creation of new meetings and the support of existing ones

8 3 Press

8 3 1 This entity shall be known as LifeRing Press

8 3 2 LifeRing Press shall publish and distribute pamphlets, books, and other-media publications for the purpose of educating members and the general public about the purpose and methods of LifeRing Secular Recovery

6 16 Board members shall serve without compensation. No Board member shall receive reimbursement for expenses incurred in connection with service to LifeRing Inc. or its entities.

Article 7. Officers

7 1 LifeRing Inc. shall have the officers required by law, namely a Chief Executive Officer, a Chief Financial Officer, and a Secretary.

7 1 1 The Chief Executive Officer shall comply with the duties required by the law, and shall have such other responsibilities as the Board may delegate.

7 1 2 The Chief Financial Officer shall comply with the duties required by the law, shall keep the books and render financial reports, and shall have such other responsibilities as the Board may delegate.

7 1 3 The Secretary shall comply with the duties required by the law, shall keep minutes of Board meetings, and shall have such other responsibilities as the Board may delegate.

7 2 The officers shall be appointed by and shall serve at the pleasure of the Board of Directors.

7 3 An officer shall be a person in recovery from a substance addiction, a member of LifeRing Secular Recovery, at least 21 years old, and shall have abstained from alcohol and illicit or non-medically indicated drugs continuously for at least one year prior to commencing service.

7 4 An officer who knowingly consumes alcohol or illicit or non-medically indicated drugs shall be deemed to have resigned effective immediately.

7 5 Officers shall serve without compensation.

Article 8. Operational Entities

8 1 LifeRing shall maintain a Service Center and a Press and such other operational entities as the Board may establish subject to ratification by the next following Congress.

5 4 Procedures for electing meeting delegates shall be consistent with generally accepted principles of democracy and fairness, striving for simplicity and consensus. At meetings at in-patient facilities and at halfway houses and similar institutions with highly transient populations the convenor shall be recognized as the delegate.
[Second sentence added 3/17/02]

5 5 Each delegate may cast one vote at the Congress.

5 6 Current members of the Board of Directors and officers shall be delegates to the Congress.

5 7 The LifeRing Congress is the supreme deliberative and legislative body of the organization.

5 8 The two-thirds majority of the Congress is binding on the Board of Directors and on the officers and operational entities.

5 9 The Congress may not abrogate or substantially amend the fundamental purposes for which LifeRing is chartered.

5 10 Robert's Rules of Order shall apply to the procedures of the Congress to the extent they are not inconsistent with these Bylaws or with procedural rules the Congress may adopt.

Article 6. Board of Directors

6 1 LifeRing Inc. shall have a Board of Directors consisting of nine members. *[Amended 2006]*

6 2 Board members shall serve three-year terms.

6 3 Three members of the Board shall be elected at each Congress. *[Amended 2006]*

6 4 The Board of Directors shall have the following powers and duties:

6 4 1 The Board shall control the budgets and audit the finances of the operating entities in such a way as to implement the consensus of the Congress and to safeguard the financial integrity of the organization.

6 4 2 In order to protect the good name of the LifeRing organization, the Board shall have the power, subject to ratification at the next following Congress, to suspend or revoke any charter, or to refuse to issue a charter, in cases where a group persistently and substantially violates a fundamental principle of LifeRing Inc as to abstinence, secularity or self-help *[Amended 2004]*

6 4 3 The Board shall supervise, appoint, and remove the officers defined in Article 7 and the coordinators of the operating entities defined in Article 8

6 4 4 The Board shall have the power to form temporary working committees, advisory bodies, and task forces as may be required

6 4 5 The Board shall make an annual written report on its activities and its financial stewardship to the Congress

6 4 6 The Board shall set the time and place of the next Congress

6 4 7 The Board shall comply with all provisions of the law applicable to nonprofit charitable corporations

6 4 8 The Board shall have the power to grant a charter to one not-for-profit organization in each geographical jurisdiction, empowering that organization to issue and to suspend or revoke meeting charters within that geographical jurisdiction, on terms consistent with these Bylaws *[Added 2004]*

6 5 A Board member shall be a person in recovery from a substance addiction, a member of LifeRing Secular Recovery, at least 21 years old, and shall have abstained from alcohol and illicit or non-medically indicated drugs continuously for at least two years prior to commencing service

6 6 A Board member who knowingly consumes alcohol or illicit or nonmedically indicated drugs shall be deemed to have resigned effective immediately

6 7 Annual meeting The Board shall meet face-to-face each year at the conclusion of each annual Congress, if feasible; and newly

elected directors will begin their service at the commencement of that meeting *[Amended 3/2/03]*

6 8 Special meetings The Board may also meet at such other times and places as may be appropriate Except at the Annual Meeting described in paragraph 6 7 any mode of electronic communication which permits all directors to communicate in real time with all others shall be lawful for purposes of a Board meeting under these Bylaws

6 9 Any director may convene a Board meeting by giving written notice at least seven days in advance to all other Board members stating the time, place and proposed business of the meeting Any notice, consent or waiver that must be given in writing under these Bylaws may be given via email

6 10 Four directors shall constitute a quorum for a meeting of the Board *[Amended 3/2/03]*

6 11 The Board may take action without a meeting, or may meet on shortened notice, provided all directors consent to the action and/or waive notice in writing These consents and/or waivers shall be made part of the minutes

6 12 If a Board member is absent without medical necessity from the Annual Meeting or from two successive special meetings, or persistently and substantially acts in a way that injures the good name of the organization, the remaining directors, upon giving at least thirty days written notice and opportunity to be heard, by their unanimous vote may remove that director from the Board

6 13 In case of a premature vacancy on the Board, the remaining Board members shall elect a replacement to serve until the next Congress, at which time a special election shall be held to fill any unexpired term

6 14 Board members may serve successive terms without limitation

6 15 No Board member or officer shall have the power to bind the corporation to any contract or to pledge its credit or incur any other liability or obligation without prior authorization by the Board

Additional Data


Software ID: 06000173

Software Version: v1.00

EIN: 94-3267919

Name: LIFERING INC
dba LIFERING PRESS

Form 990EZ, Part IV - List of Officers, Directors, Trustees, and Key Employees

(A) Name and address	(B) Title and average hours per week devoted to position	(C) Compensation (If not paid, enter -0-.)	(D) Contributions to employee benefit plans & deferred compensation	(E) Expense account and other allowances
Craig Whalley 1440 Broadway Ste 312 Oakland, CA 946122023	Treasurer 2	0	0	0
Katie Frohmberg 1440 Broadway Ste 312 Oakland, CA 946122023	Secretary 6	0	0	0
Jacquelyn Jones 1440 Broadway Ste 312 Oakland, CA 946122023	Board Member 1	0	0	0
Deanna Hall 1440 Broadway Ste 312 Oakland, CA 946122023	Board Member 1	0	0	0
Martin Nicolaus  1440 Broadway Ste 312 Oakland, CA 946122023	Exec Director/CEO 12	0	0	0
Mark Leone 1440 Broadway Ste 312 Oakland, CA 946122023	Board Member 1	0	0	0
Chet Gardiner 1440 Broadway Ste 312 Oakland, CA 946122023	Board Member 1	0	0	0
Carola Ziermann 1440 Broadway Ste 312 Oakland, CA 946122023	Bookkeeper 4	0	0	0
Robert Bradley 1440 Broadway Ste 312 Oakland, CA 946122023	Board Member 1	0	0	0
Owen Poole 1440 Broadway Ste 312 Oakland, CA 946122023	Board Member 1	0	0	0